

The Next Pandemic: Are We Prepared?

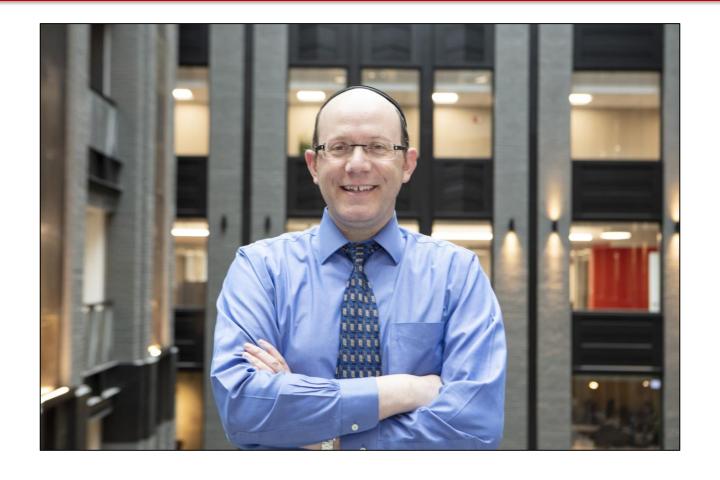
Intensive Review of Internal Medicine

Michael Klompas MD, MPH

Medical Director of Infection Control Division of Infectious Diseases Brigham and Women's Hospital

Professor of Medicine and Population Medicine Harvard Medical School





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Disclosures

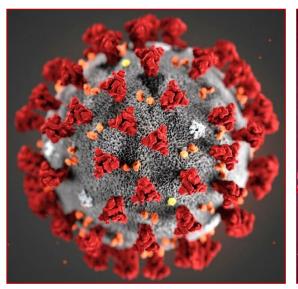
Grant funding

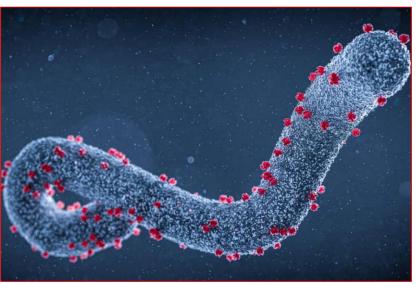
- Centers for Disease Control and Prevention
- Massachusetts Department of Public Health
- Agency for Healthcare Research and Quality

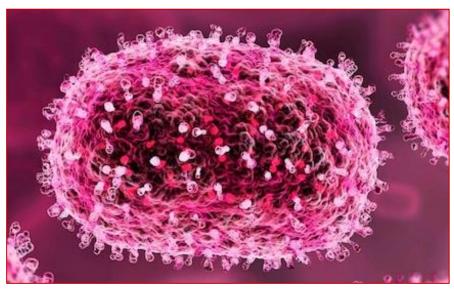
Royalties

UpToDate Inc.

The Players



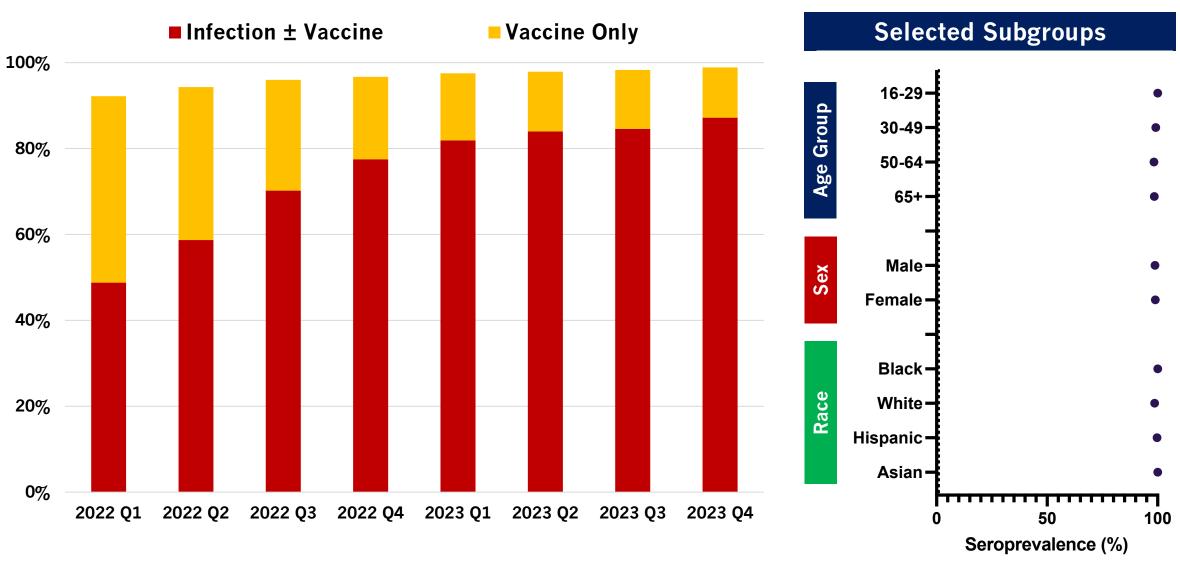








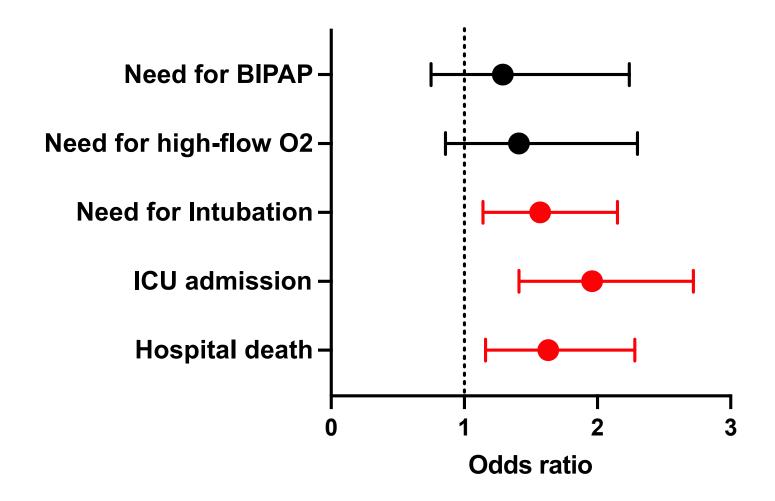
SARS-CoV-2 Immunity in the US





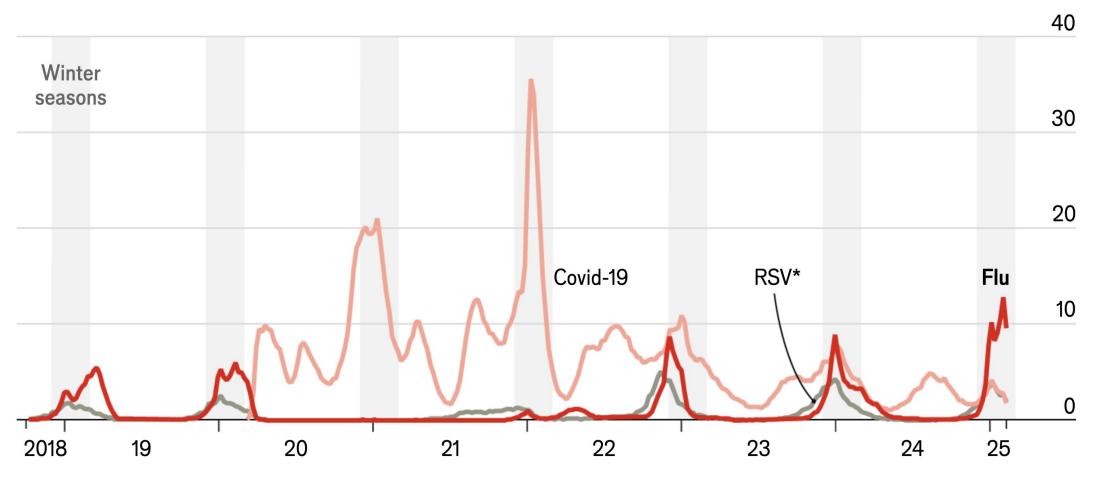
Morbidity and Mortality of Nosocomial Omicron

865 hospital-onset SARS-CoV-2 Omicron infections propensity-matched to 1,730 control patients, 5 hospitals, MA



Covid vs Flu vs RSV Hospitalizations

United States, weekly hospitalisations per 100,000 people



Source: Centres for Disease Control and Prevention

*Respiratory syncytial virus



Avian Influenza in the USA 2024-?

· Endemic in wild birds worldwide

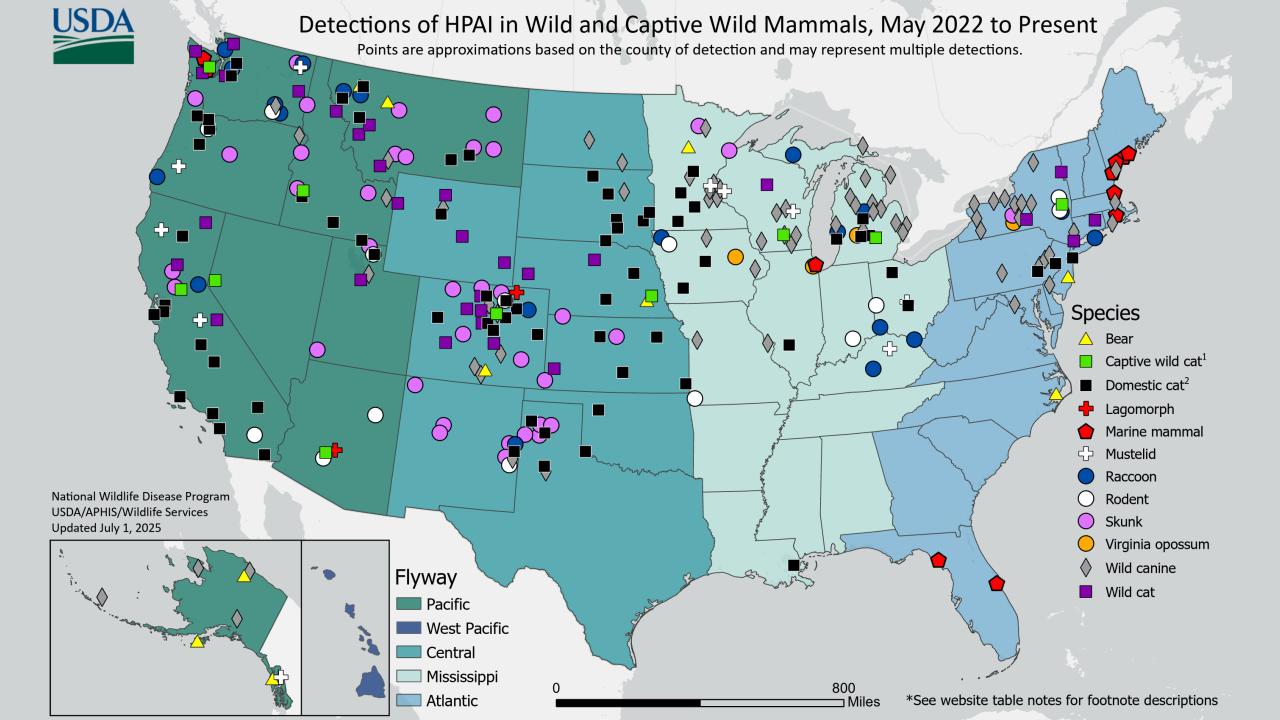
 Spread to US domestic poultry (>175 million birds affected thus far)

 Increasingly widespread in cattle (1,074 cases in 17 states thus far)

 Sporadic detections in >20 other mammal species

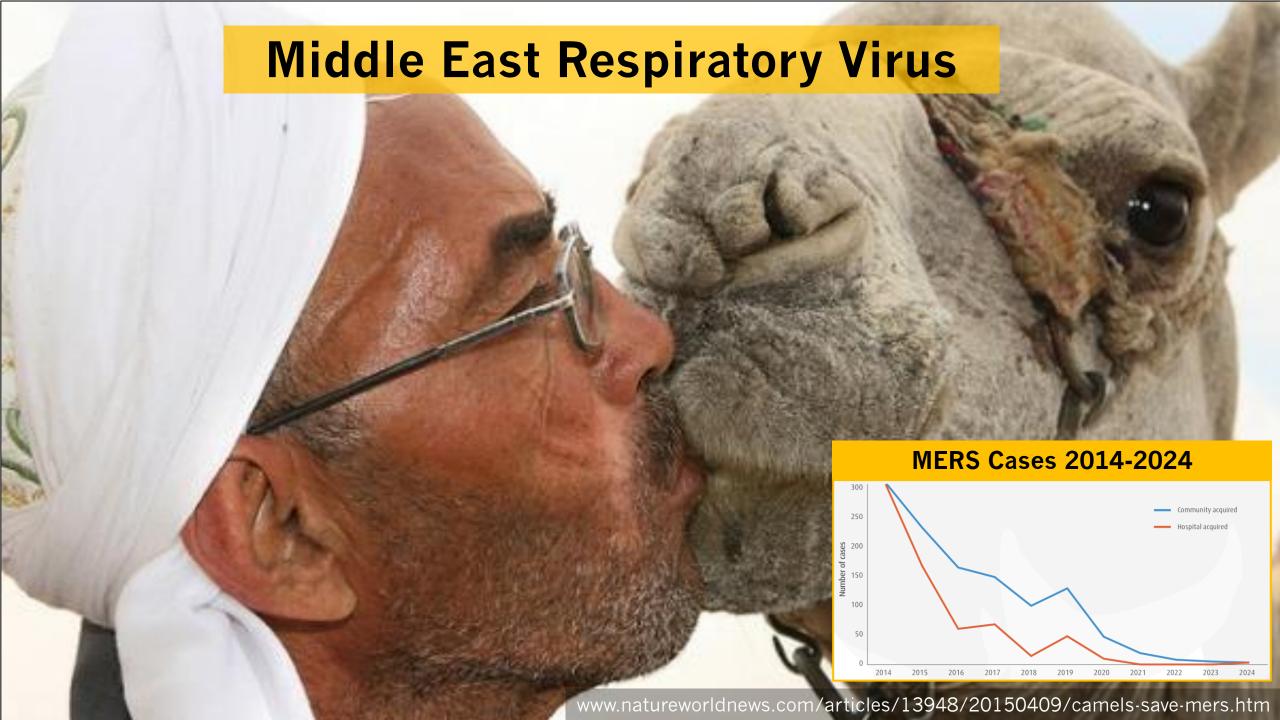
- 70 human cases in the US thus far
 - Almost all MILD; 1 death
- No human-to-human spread















US Measles Cases since Jan 2025



nbcnews.com/health/health-news/measles-outbreak-texas-vaccines-kids-cases-what-know-rcna194216

- 1,319 cases in 40 states
- 13% hospitalized
- 3 deaths

- 92% unvaccinated
 - 4% one dose MMR
 - 4% two doses MMR



Countries with MERS Cases



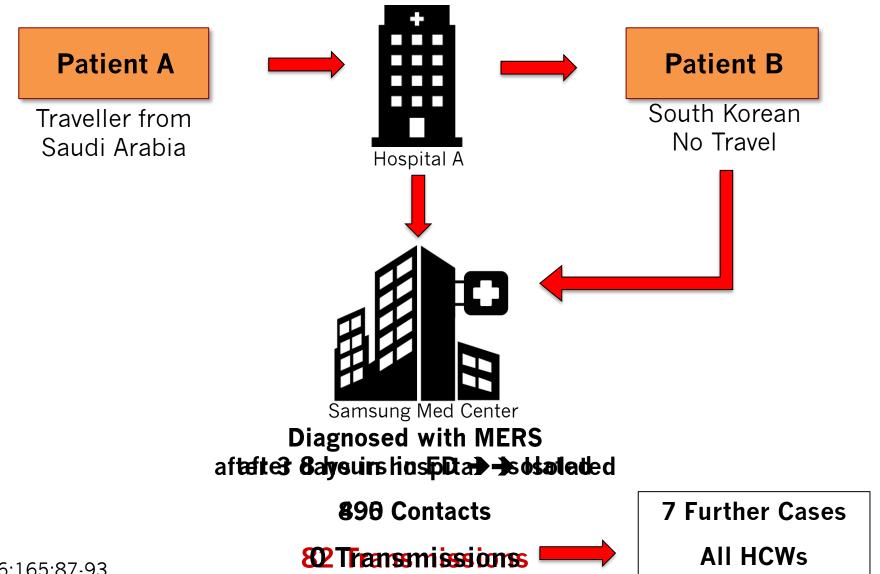
MERS Outbreak in South Korea



186 cases 38 deaths

Samsung Medical Center

1950 bed Tertiary Care Center: 92 MERS Cases



The Good



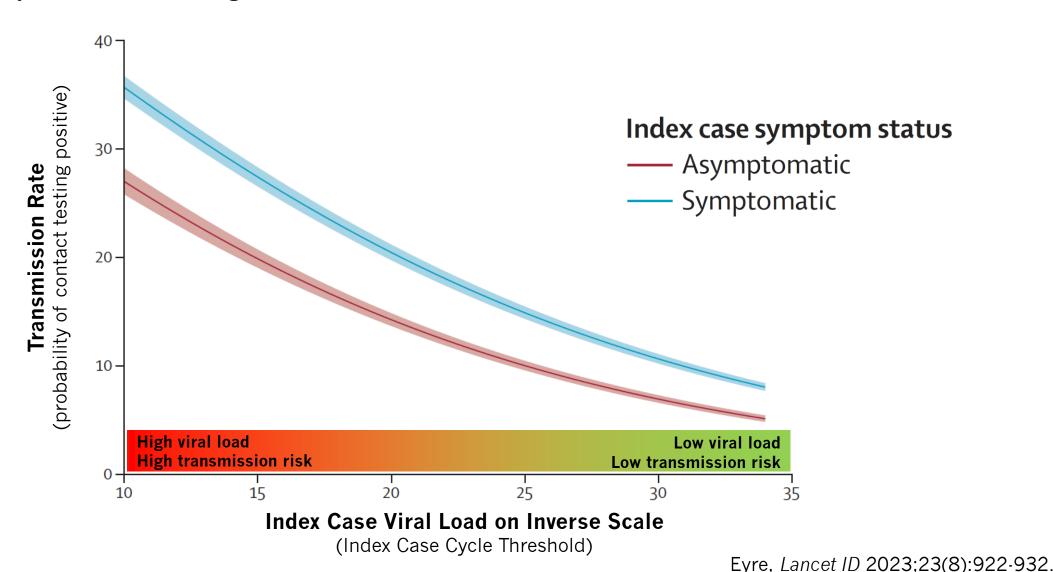
http://www.film.com/wp-content/uploads/2013/09/THE-GOOD-THE-BAD-BILLY-PERKINS.jpg

We better understand transmission

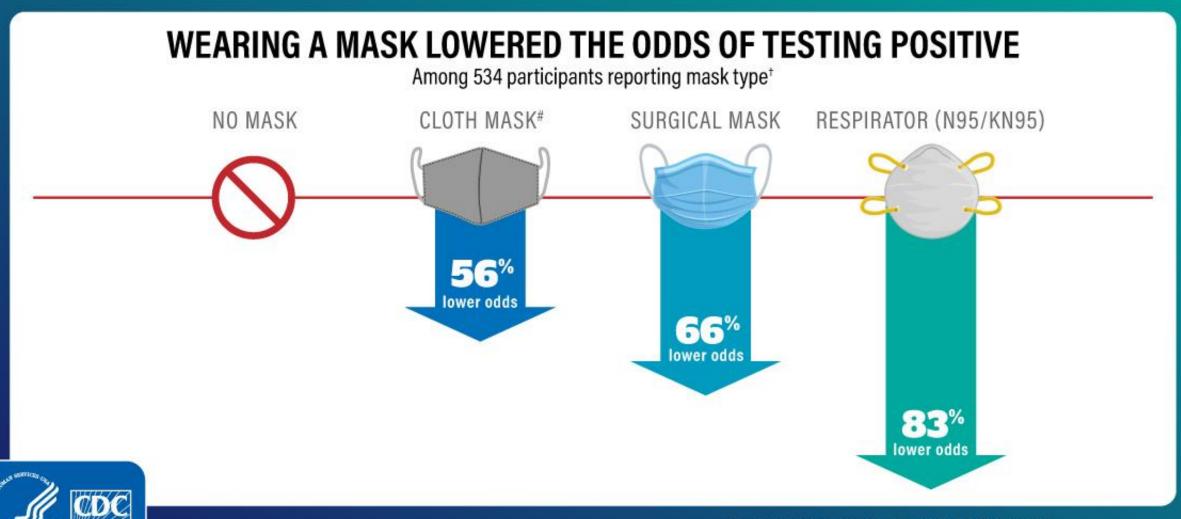


Viral Load Predicts Transmission Risk

Secondary attack rates amongst 1,173,643 contacts of 6,263,786 index cases, UK, Jan 2021-Jan 2022



People who reported always wearing a mask in indoor public settings were less likely to test positive for COVID-19 than people who didn't*





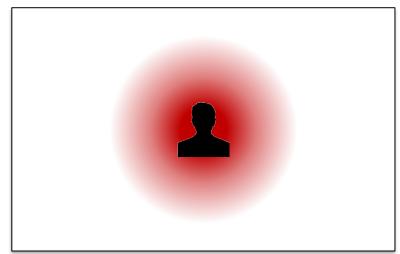
[†] Compared people with similar characteristics (e.g., vaccination)



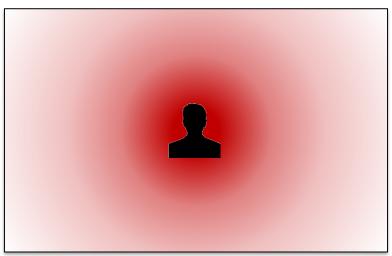
^{*} Not statistically significant

Impact of Ventilation on Viral Exposure

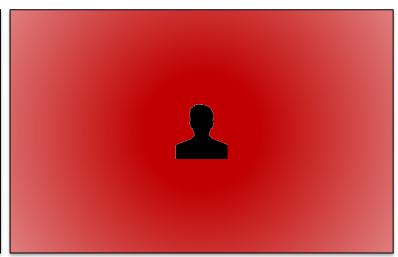
Well ventilated outdoor area



Moderately ventilated indoor area



Poorly ventilated indoor area



Dense viral plume at source, rapidly dilutes with distance

Dense viral plume at source, gradual dilution with distance

Dense viral cloud throughout the room





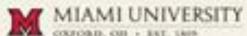


EBOLA PREPAREDNESS: PPE GUIDELINES

Produced in collaboration with:













PREPAREDNESS: PPE GUIDELINES

Produced in collaboration with:

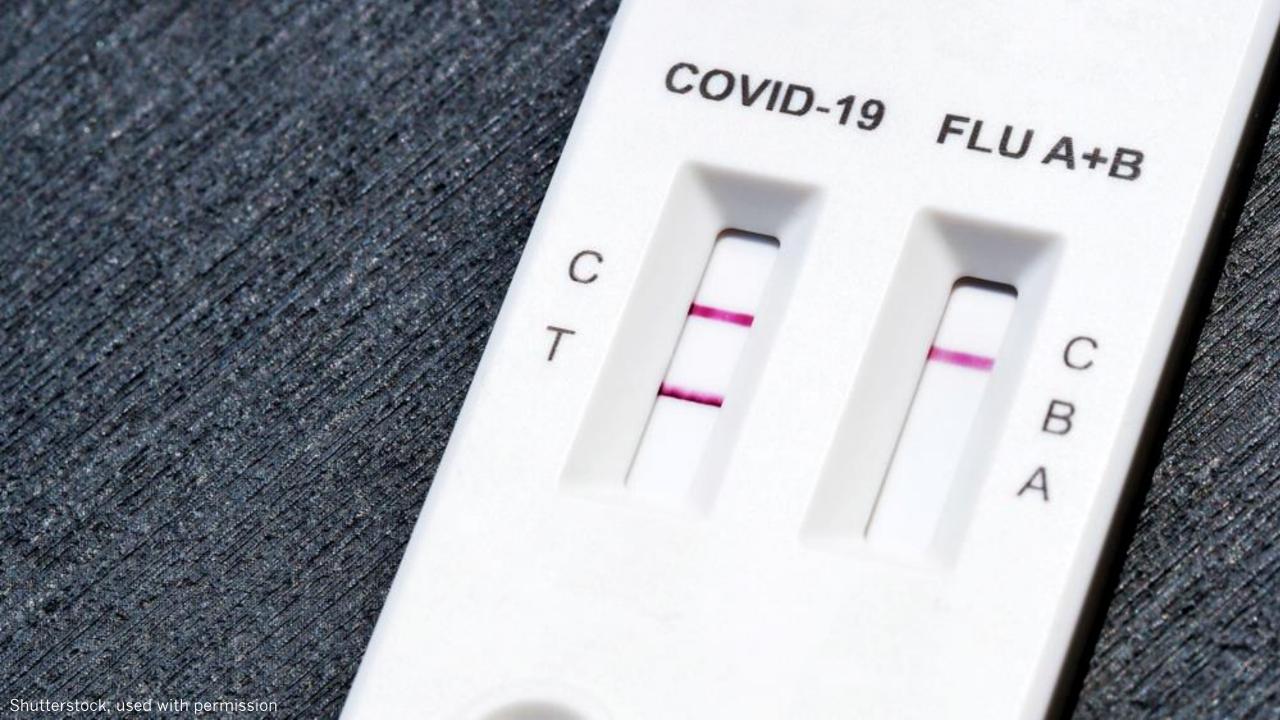




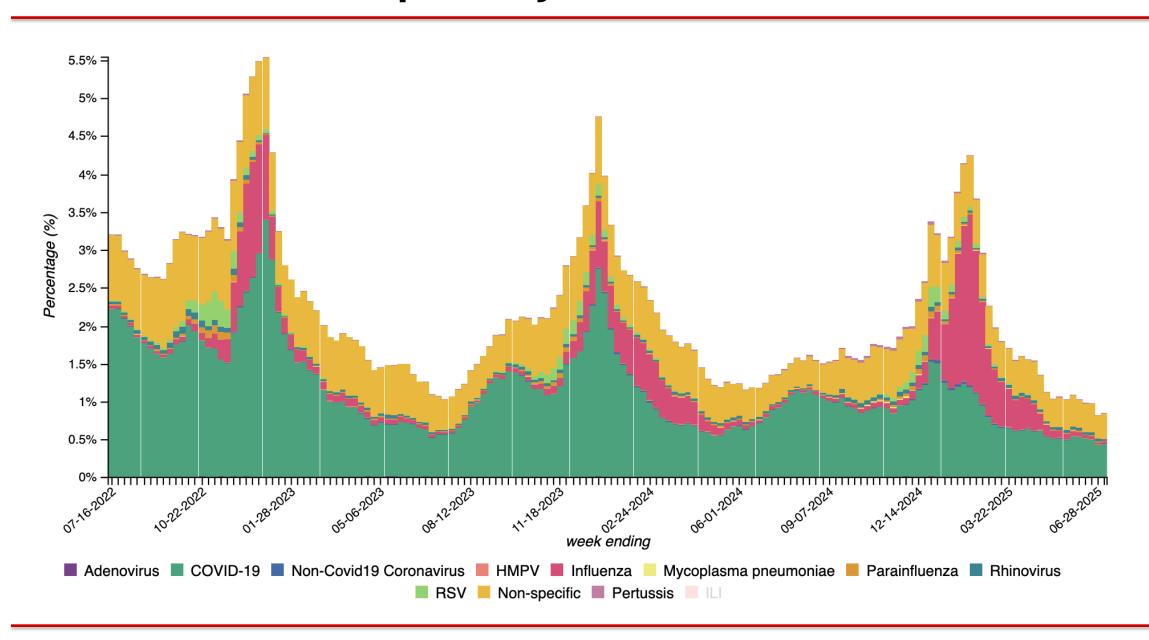




We have better testing and monitoring tools

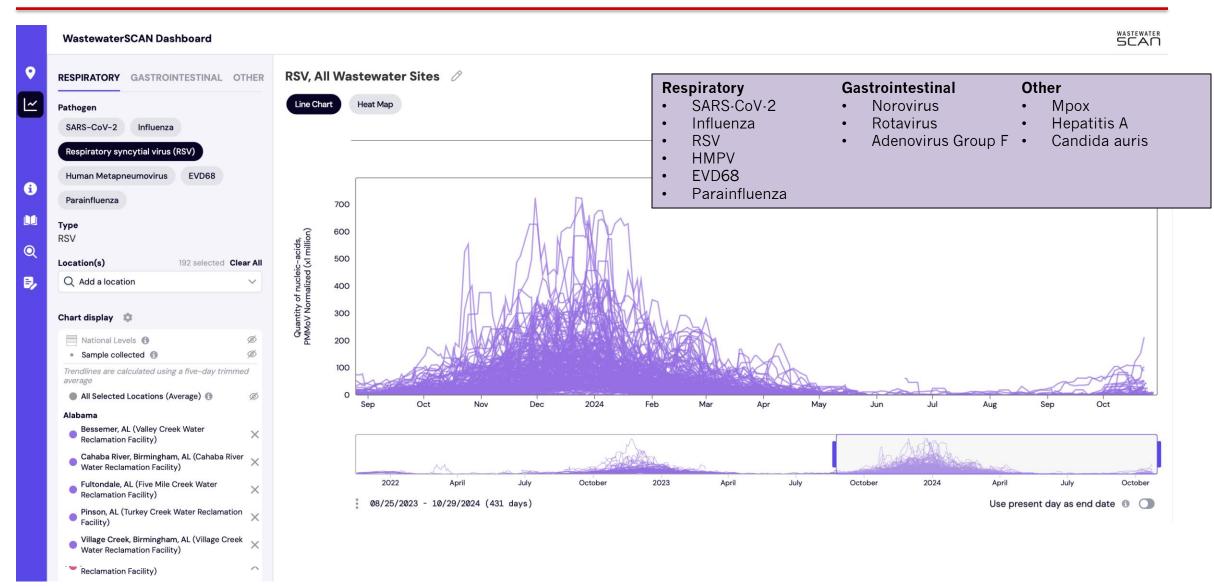


Massachusetts Respiratory Viral Surveillance Dashboard





MANY Pathogens Under Wastewater Surveillance

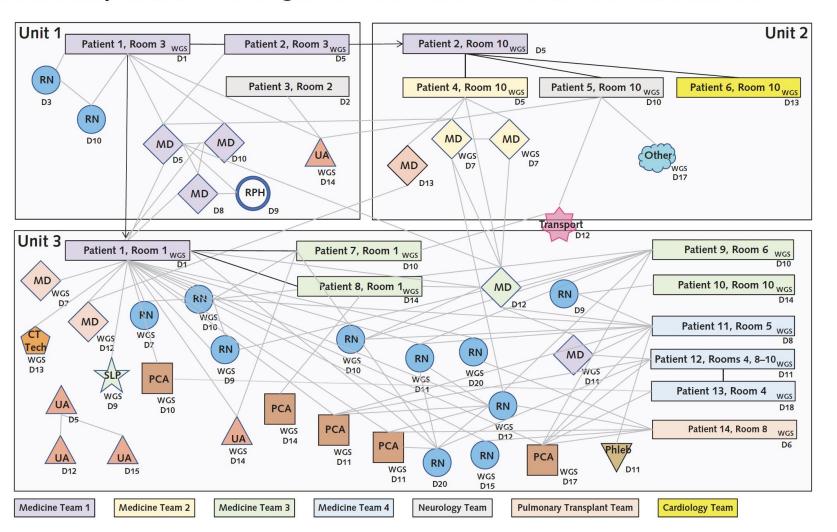




A SARS-CoV-2 Cluster in an Acute Care Hospital

Feb 9. 2021

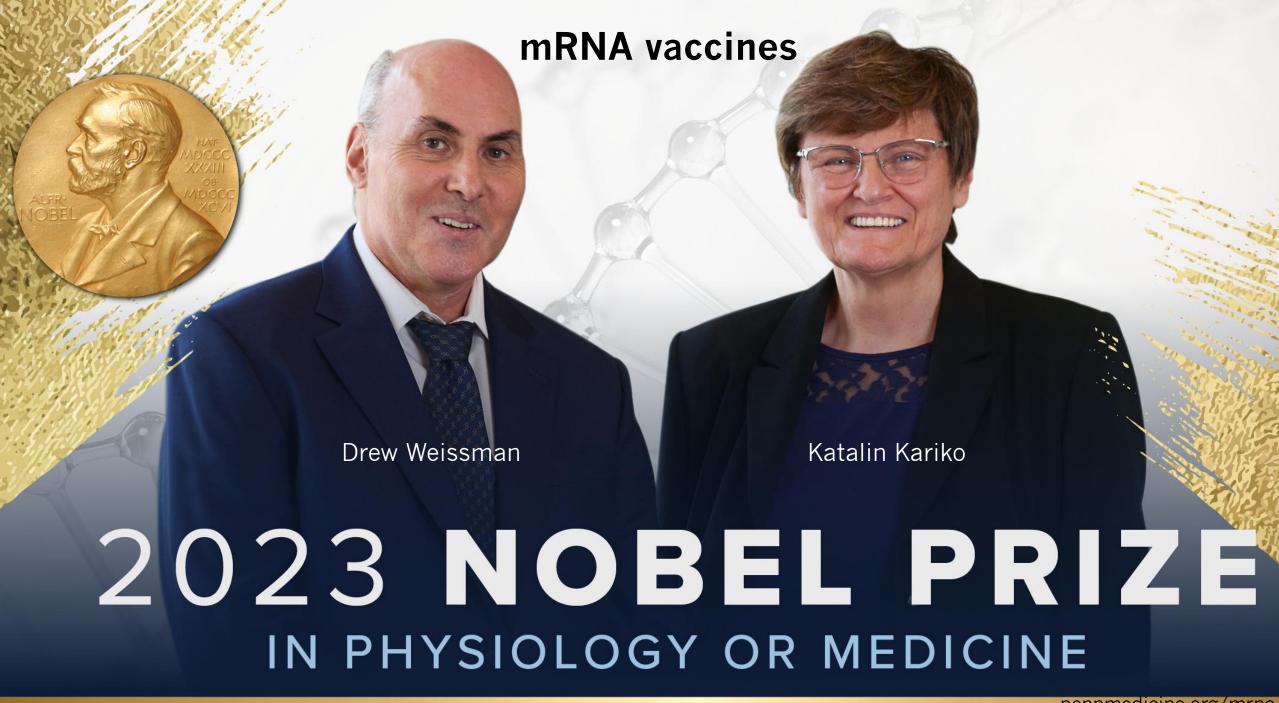
Michael Klompas, MD, MPH; Meghan A. Baker, MD, ScD; Chanu Rhee, MD, MPH; Robert Tucker, MPH, CIC; et al.



Some lessons learned:

- 1. Transmission despite use of surgical masks (WGS confirmed)
- 2. Roommate to roommate transmission frequent despite 7ft spacing & curtain
- 3. Single test on admission or post-exposure can miss incubating cases

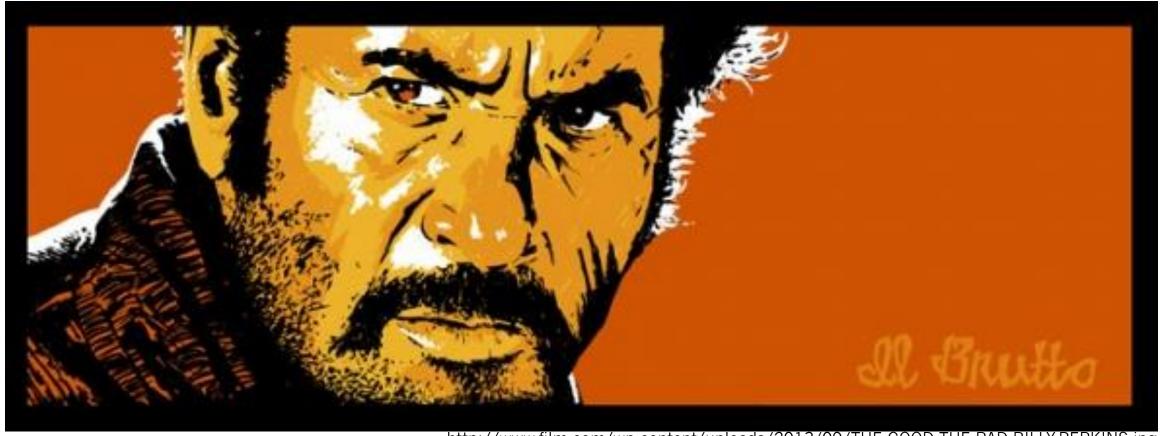
We have powerful new vaccines and effective treatments



A VACCINE CAN TAKE YOUR INFECTION FROM



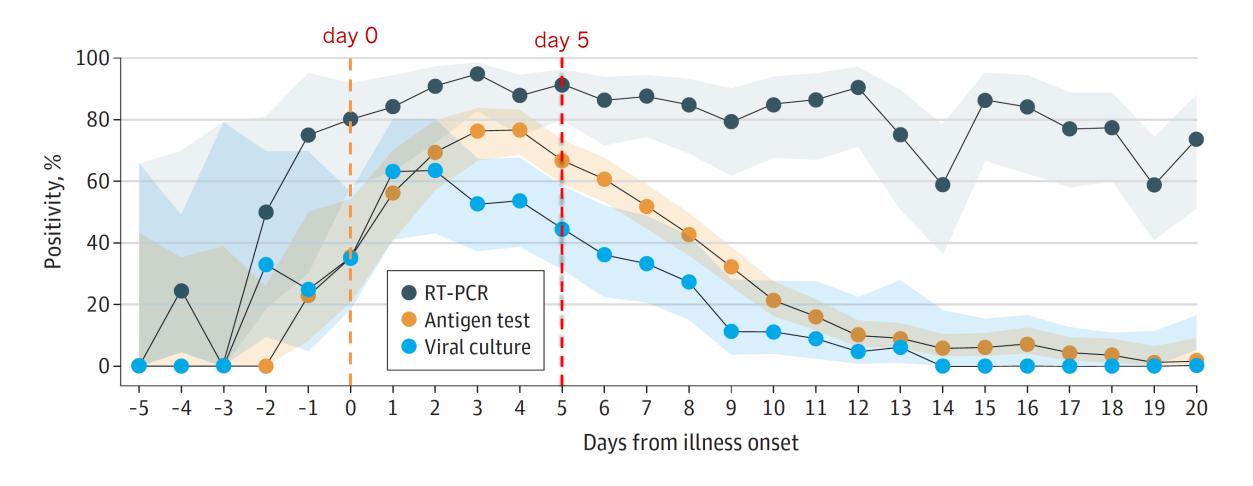
The Bad



http://www.film.com/wp-content/uploads/2013/09/THE-GOOD-THE-BAD-BILLY-PERKINS.jpg

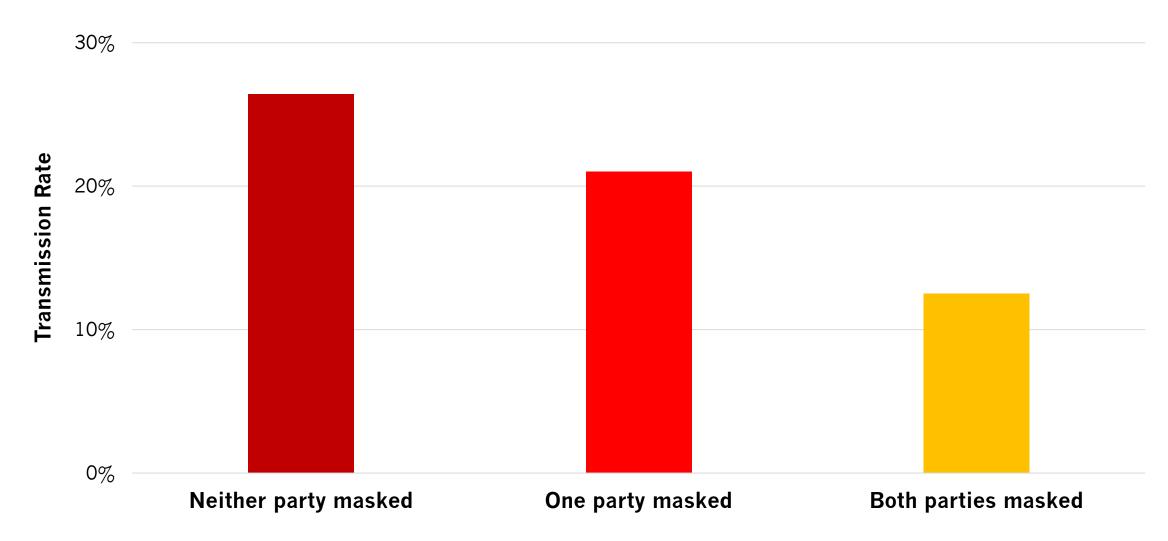
PCR vs Antigen vs Culture and Time to

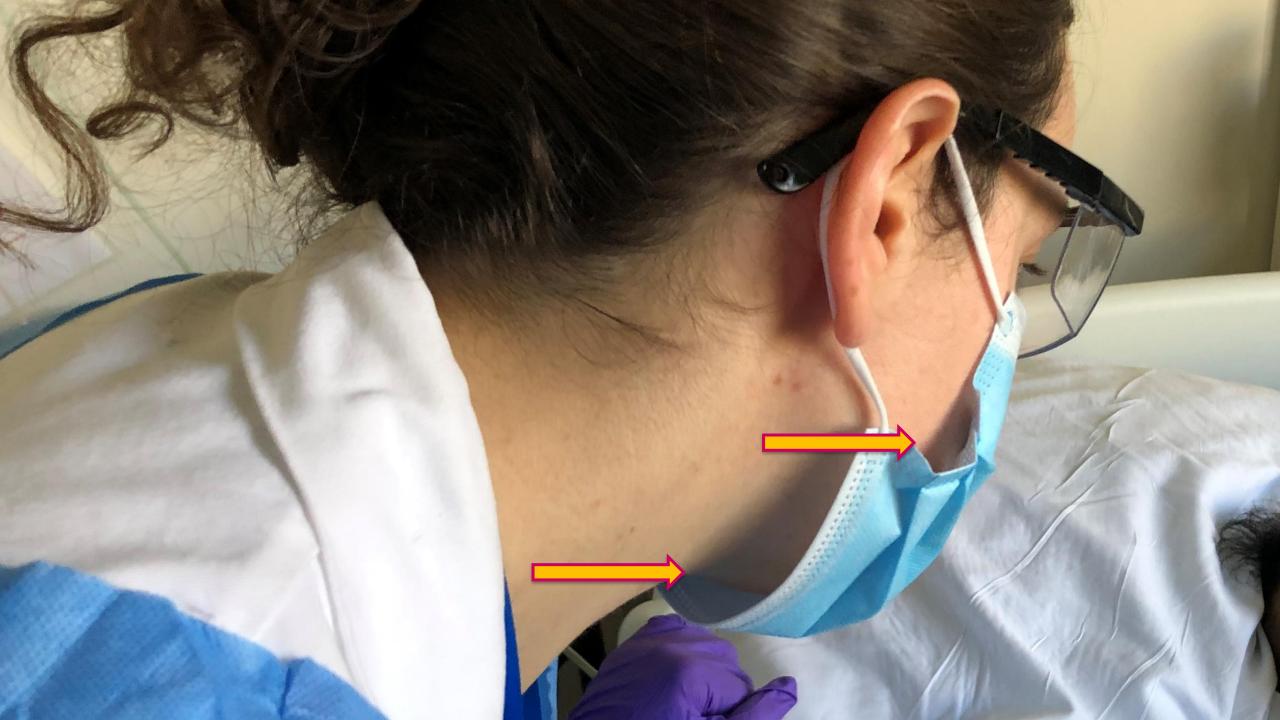
Clearance
Daily antigen and intermittent viral cultures in 225 people with PCR-confirmed SARS-CoV-2, San Diego & Denver, Jan-April 2021



Masking Effectiveness in Practice

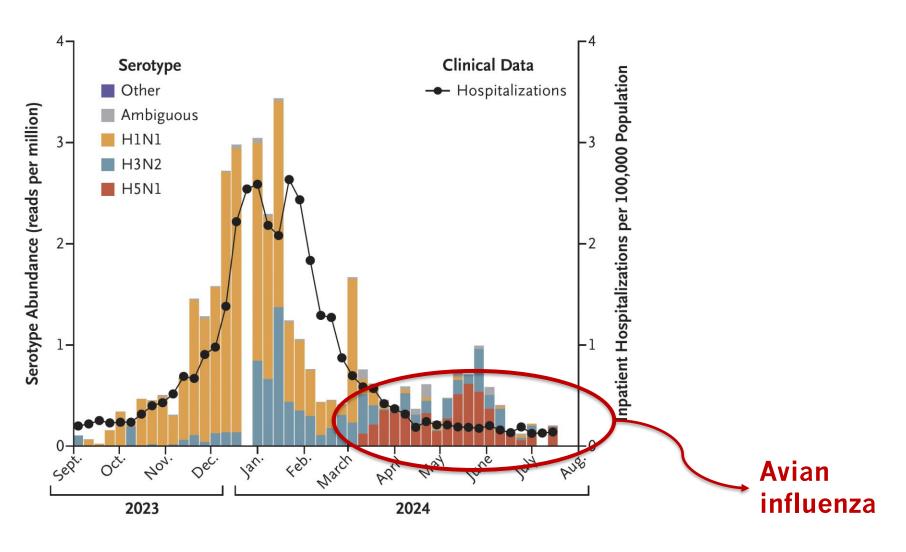
Transmission rates amongst 969 close contacts of 431 people with Covid-19, Johnson County Public Health, Iowa





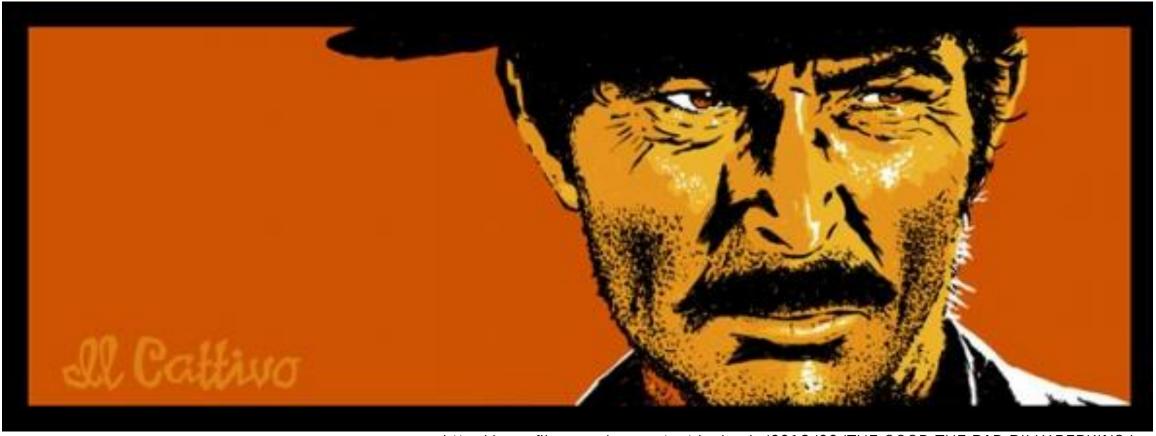
Wastewater surveillance does not differentiate between human vs animal infections, mild and severe disease, etc.

Influenza A Virus in 10 Texas Communities' Wastewater



Our tests, vaccines, and treatments can't work if we don't use them

The Ugly

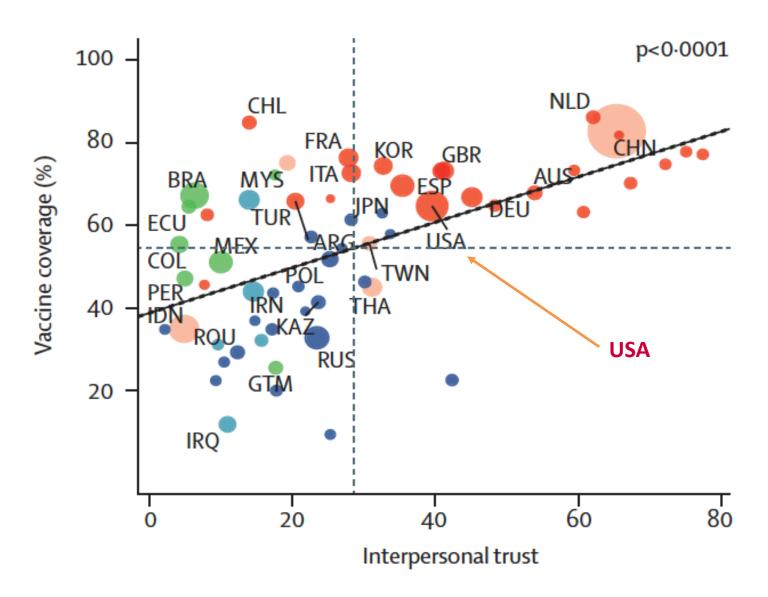


http://www.film.com/wp-content/uploads/2013/09/THE-GOOD-THE-BAD-BILLY-PERKINS.jpg





The Importance of Trust



Global analysis of factors associated with Covid case counts and fatality rates

Factors associated with infection fatality rates:

- Country age profile
- Gross Domestic Product
- National mean body mass index

Factors associated with vaccine coverage:

- Trust between individuals
- Trust in government
- Lack of government corruption

Summary

- Old and new pathogens with epidemic potential are a fact of life – new outbreaks will always occur
- We have powerful new tools we can deploy
 - Deeper understanding of transmission, effective PPE, home tests, advanced surveillance systems, targeted treatments, effective vaccines
- But our tools can only help us if we use them. Our safety and the safety of our patients depend upon trust in science, trust in public health, and trust in one another

